

2019

♥ DATE

♥ THINGS I WANT TO
START IN 2019

1

2

3

4

5

6

♥ THINGS I WANTED
TO START IN 2018



♥ WHAT HELD ME BACK IN 2018 FROM STARTING?

**WHAT ARE THE REASONS FOR NOT STARTING IN 2018?
WRITE THEM ALL OUT HERE!**



A large, empty light blue rectangular area intended for writing the reasons for not starting in 2018.

**WRITE DOWN ALL THE STEPS YOU CAN TAKE THIS YEAR TO
START THE ONE THING YOU WANT TO DO THE MOST**

A large, empty light blue rectangular area intended for writing down steps. The area is completely blank, providing a space for the user to list their goals and the steps to achieve them.